

*Laugh, Learn & Stay Connected*

# Rib Lake Memory Café

## *What is a Memory Café?*

*A Memory Café is a social gathering place for individuals with early memory loss and their caregivers and families to come and enjoy a time of fellowship with others in your peer group. Coffee, treats and enjoyable activities are all provided at no charge.*

## *Who should attend?*

Memory Café is for you and your care partner if you have:

- memory concerns
- mild cognitive impairment (MCI)
- early to moderate Alzheimer's
- other types of dementia.

You don't need a medical diagnosis to attend.

## *Why attend?*

Physical, social, and mental activity is good for the brain

## *What does it cost?*

Attendance is free, coffee & treats provided.

*Supported by the Our House Senior Living & Golden Living Center*

**Our House**  
SENIOR LIVING



*Mission: To provide a safe, comfortable, engaging environment where people with memory loss and their care partners can laugh, learn, and remain socially engaged with others traveling the same journey.*

## *Schedule & Location*

**Memory Café@ Golden Living Center Rib Lake**

April 19<sup>th</sup>

Spring Planting  
& Gardening



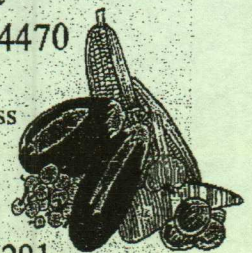
golden  
living centers®

10:30 am to 12:00 pm

650 Pearl Street

Rib Lake, WI 54470

In activity room and  
use east entrance across  
from fire department.



For more information or to register contact  
Petti @ 715-210-0176 or Tammy @ 715-427-5291

The memory cafes will be held the third Tuesday of the month  
normally at Mann Made Pizza